

# ORGANIC MARKET NEWS

OCTOBER 15 - OCTOBER 22, 2021

## PEAK SEASON ORGANIC PEARS



Mid-October through November will be the best time of the year to promote fresh crop USA **Organic Pears.** Variety will be full, allowing retailers to feature all the category has to offer in colors, flavors, and textures!

**Organic Anjou** and **Bosc Pears** are available out of Washington, and a good size crop with excellent quality and sizing is expected. Some bulk, 12/2lb high-graphic pouch bags and 12/3lb poly bags will be available for the month of November.

**Organic Red Pears** are available now in both bulk and 12/2lb high-graphic pouches. We are currently shipping Starkrimson, which are expected to finish and transition to **Organic Red Anjou Pears** the first week of November.

**Organic Bartlett Pears** are selling well. The early flush is over and volume will drop for late October and early November.

**Organic Concorde** and **Seckel Pears** are now available as specialty offerings. We expect a few **Organic Comice Pears** by early November as well.

**Organic Asian Pears** are in excellent supply out of California and will transition to Washington sometime in November. Right now, we have Atago and Shinko varieties.



### **OG TROPICALS**

**Organic Hass Avocado** volumes are steady, which is a good thing! Pricing continued to move downward slightly as 60 and 48ct sizing has been more available.

Mexican **Organic Fair Trade Avocados** will be in good supplies for mid-October from our partners from OKE Equal Exchange!

California grown **Organic Keitt Mangos** for mid-October will be available in limited volume. Supplies should last for most of October and even into November. We will be offering a 12ct piece of fruit. Next country up will be Ecuador the end of October.

**Organic Pineapples** will be in good supply through October. We will offer both 6ct and 8ct for October.

**Organic Royal Star Papayas** from Mexico will be steady in supply through October. This flavorful papaya is quickly becoming a favorite as it is gaining popularity!



### **OG FALL FRUIT**

**Organic Pomegranates** from California will be promotable for mid-October! Be sure to get this fall staple on your shelves for the next few fall months! We will offer a 24-28ct size and a 30-36ct size throughout the season.

**Organic Pomegranate Arils** from I LOVE POME-GRANATES will be available now through the winter season.

Organic Hachiya and Fuyu Persimmons are in season! Both fall favorites will be available in limited quantities for mid-October. Remember, Organic Fuyu Persimmons can be enjoyed with hard to firm like an apple, while Hachiya must be ripened until completely soft and squishy before being enjoyed!

**Organic Cranberries** out of Quebec are in excellent supply with good quality. Excellent supplies are expected from now through the winter holidays.



### **OG BERRIES**

**Organic Blueberries** out of Peru continue in steady supply as volumes that are backlogged at the ports start to be released. Expect prices to start to come down as we close out October and move into November, especially with the introduction of Argentinean fruit into the marketplace. Large sweet **Organic Blueberries** with good "bloom" are expected out of Peru.

Driscoll's **Organic Raspberries** are in steady supply with good quality.

**NOTE:** Driscoll's **Organic Strawberry** supplies have significantly dropped, causing prices to rise with "so-so" quality expected. Prices will increase as we move into November.

**Organic Blackberries** remain firm with high prices as California volume significantly dropped and Mexico volume ramps up. Some rain has hindered the Mexican crop so increasing as fast as expected. Each week supplies should improve headed into November when prices should start to come down.



### **OG CUCUMBERS**

**Organic Cucumber** from Lady Moon Farms in Florida continue to yield steady supplies in October with stable pricing. Expect excellent quality. Product from Georgia and the Carolinas will supplement volumes.

**NOTE: Organic Mini Seedless Cucumber** prices remain elevated for mid-October as availability remains tight. Quality has been excellent from Canada and Mexico.



### **OG GRAPES**

**Organic Black, Red**, and **Green Seedless Grapes** continue with peak season quality with outstanding fall varieties being packed in California. Prices continue to be firm as crop pickings are very of earlier estimates.

**Biodynamic Thompson Grapes** and **Organic Thomcord Grapes** will wrap up by 11/1 or sooner. **Organic Muscadines** are done for the season from the Carolinas.



### **OG CAULIFLOWER**

**NOTE: Organic Cauliflower** from California continues to experience limited supplies and elevated prices in October. Quality remains strong but harvests and pricing are not expected to improve in October. Local organic supplies from Pennsylvania will be available in limited quantities.



### **OG LETTUCES**

**Organic Leaf, Iceberg,** and **Romaine Lettuces** have begun local harvest again. Supplies from Pennsylvania and New Jersey will be available in mid to late October. **NOTE:** California yields remain limited and elevated in price for October.

Conditions are expected to remain tough until transition time in early to mid-November. Lady Moon supplies are expected to return in mid-November out of Florida.



### **OG SQUASH**

**Organic Zucchini**, from Lady Moon Farms in Florida, are continuing to experience high yields in mid-October. Promotional opportunities will continue with strong volumes and promotable pricing, while quality remains stellar.

**Organic Yellow Squash** volumes remain stable with improved pricing. Quality from the Carolinas has been excellent!



### **OG ONIONS**

We will see the first of the season Peri and Sons bagged 16/3lb **Organic Sweet Onions** from Nevada arrive for mid-October.

Quality is outstanding and product will be in a nice high graphic full overwrap bag.



### **OG PEPPERS**

**Organic Bell Peppers** from Canada are stable in supplies in October, but as we approach the end of the month, volumes will begin to dwindle as we switch to Mexican supplies. Mexican and Israeli supplies will be the next growing regions available. Continue to promote in October while you can.

ALERT! Organic Mini Peppers supplies will be limited in late October with supplies from Mexico remaining limited.



### **OG BRUSSELS SPROUTS**

**Organic Brussels Sprouts** from Mexico are in season during October. Quality is expected to remain strong, and pricing will be steady. Local supplies from New York will also be available with strong quality.

**Organic Purple Brussels Sprouts** will be available again in October to add a splash of color to displays!



### **OG KIWIFRUIT**

**NOTE: Organic Kiwifruit** from New Zealand has slowed down considerably. Port delays and extended amount of time on containers have caused some quality issues and some product to be lost.

Zespri is expecting to have fruit until about the beginning or middle of November. Then sourcing will switch to California and Italy.



### **OG WATERMELONS**

**Organic Mini Watermelons** from Mexico availability continues to get stronger as more growers begin harvesting their fall crop. Quality has been excellent.



### **OG HOTHOUSE TOMATOES**

**Organic Cluster Tomato** prices are easing off for mid-October out of Mexico. Quality has been excellent as harvests get stronger.

**Organic Campari Tomatoes** continue to be available for mid-October from Mexico. Quality has been excellent.

**Organic Beefsteak Tomatoes** will be on the tighter side for mid-October. New crops from Canada and Mexico are very limited, leaving supplies tight. Both regions are expected to be in better supplies by late October.

• Organic Green Beans from Pennsylvania have official concluded harvesting for the season. During mid-October we will see product from both Georgia and California. Expect pricing to rise slightly, but quality will be strong.

• Local Organic Green, Red, Savoy, and Napa Cabbage from Lancaster County, PA is back in full production during October.

• Organic Kiwano Melons and Organic Passion Fruit will be available again for mid-October.



### **OG ASPARAGUS**

**Organic Asparagus** prices will ease off for mid-October. Supplies from Argentina and Mexico continue to get more plentiful with lowering prices. Quality from both regions has been excellent.

**Organic UPC Packaged Asparagus** is back in stock for the fall-winter-spring: Code 228135 for 14/12oz bag.



### **OG FIELD GROWN TOMATOES**

ALERT: Organic Grape Tomatoes are prices are up for mid-October. Mexico and Florida are both a few weeks away from stronger production. South Carolina has limited volumes coming in as well. Lady Moon Farms is expected to start their Florida season the last week of October.

**NOTE: Organic Cherry Tomatoes** remain very tight for mid-October out of South Carolina. Supplies remain limited. Mexico and Florida are expected to be in better supplies in late October or early November.

NOTE: Organic Roma Tomato markets are very strong for mid-October. Volume from Mexico is beginning to pick up, but demand remains strong as well. Quality has been excellent. 11b UPC pouch bags are back in stock!

### **OTHER STORIES**

• ALERT! Organic Drink & Eat Coconuts and Coconut Chunks will be out of stock for the month of October due to container delays.

• **Organic Turmeric** from Fiji will be available through December.

• Organic Kiwi Berries from Oregon will be finished for the season during mid to late-October.

• NOTE: Organic Mushroom production continues to be hampered by labor challenges and supply chain issues, including in getting peat moss from Canada and growing logs from Asia.



### **OG CELERY**

**Organic Celery** and **Celery Hearts** supply volumes remain strong for mid-October, but expect pricing to begin to elevate after weeks of discount pricing. Quality will be very good in October.



### **OG BROCCOLI**

**Organic Broccoli** from California expects a slight relief in pricing during mid-October, but volume will remain limited throughout the month. Expect supplies from North Carolina in late October to help supplement California supplies.

NOTE: Organic Broccoli Crown and Organic Sweet Baby Broccoli will remain limited and high-priced during October. Market conditions are expected to remain challenging until transitioning south to Yuma, AZ and El Centro, CA in mid-November.

• Organic Red/Magenta Flesh Dragon Fruit and Yellow Pitahaya will be available for mid-October. Supplies should be steady through the middle to end of October.

• Organic Eggplant and Green Peppers supplies from the Carolinas will continue to have steady supplies in mid-October. Quality is excellent for both commodities and pricing will remain unchanged in mid-October. Late October is expected to start Lady Moon's Florida harvest.



## **OCTOBER 4 - 31, 2021**

An apple a day.... Will drive sales all the way... It's that time again! Four Seasons Produce has teamed up with Stemilt Growers to bring you a display contest sure to drive volume, create excitement and bring a good old fashioned Fall atmosphere into your produce departments! Organic apples and pears are in full swing, with outstanding quality, aggressive pricing and tons of sales opportunities. This month-long promotion will have your customers filling their carts with fresh organic apples and pears, and it offers you the chance to show off your creativity and win some cool prizes!

## **CONTEST CRITERIA:**

• Build an organic apple and pear display using fruit purchased only from Four Seasons Produce.

• Displays must contain at least four (4) varieties of apples and two (2) varieties of pear. This can be a combination of both loose and bagged fruit. \*\*There will be a SweeTango category that will not apply to the above.

• There will be a bagged category for this contest as well, and you will need three (3) varieties on display to be qualified as an entry.

• Display must contain Stemilt POS signage, boxes or bins highlighting the Stemilt label. Point of Sale kits will be available through your Four Seasons Sales Rep or Merchandiser.

• Displays must remain up for at least one week

• All display entries should be emailed by Friday, November 5, 2021 to Steph Mayer (stephf@fsproduce.com).

Produce Inc.

\*Use of social media is not a requirement, but is great for capturing attention and bringing customers into your stores. It is also a category that you can win a cash prize for as seen below.



### **CONTEST PRIZES:**

### **GRAND PRIZE:**

Trip for two for an all-expense paid growing trip out to Washington State. Winners will get to see the cherry, apple, and pear growing areas and orchards, as well as witness cherry harvesting and packing at Stemilt's World Famous Fruit headquarters. An **AWESOME** experience awaits!!!!

### **"APPLE ABUNDANCE"**

(LARGEST DISPLAY)

 1<sup>ST</sup> PLACE:
 2<sup>ND</sup> PLACE:
 3<sup>RD</sup> PLACE:

 \$350 GIFT CARD
 \$250 GIFT CARD
 \$150 GIFT CARD

### "APPLE DANCING" (BEST SWEETANGO DISPLAY)

**1<sup>ST</sup> PLACE: 2<sup>ND</sup> PLACE: 3<sup>RD</sup> PLACE:** \$350 GIFT CARD \$250 GIFT CARD \$150 GIFT CARD



### **"APPLE ARTISTS"** (MOST CREATIVE DISPLAY)

**1<sup>ST</sup> PLACE: 2<sup>ND</sup> PLACE: 3<sup>RD</sup> PLACE:** <sup>\$</sup>350 GIFT CARD <sup>\$</sup>250 GIFT CARD <sup>\$</sup>150 GIFT CARD

### BEST BAGGED DISPLAY

\$350 GIFT CARD

### **BEST SOCIAL MEDIA POST**

\*\*Must tag @stemiltfruit and @fsproduce\*\* \$100 GIFT CARD

### Every qualifying entry will receive a cool Stemilt hat!

For pricing and merchandising display ideas, please contact your Four Seasons Sales Rep or Merchandiser.





## **STEMILT PROMOTION PRODUCT CODES**



## **ORGANIC GALA APPLES**

42994	OG Apples Gala WXFP OG
42975	Apples Gala 2.5" WXF
44663	OG Apples Gala Lil' Snapper

40 lb 80/88 ct 12/3 lb Bag 9/3 lb Pouch Bag

## **ORGANIC FUJI APPLES**

43045	OG Apples Fuji WXFP OG	40 lb 80/88 ct
42995	Apples Fuji WXF	12/3 lb Bag
44664	OG Apples Fuji Lil' Snapper	9/3 lb Pouch Bag

## ORGANIC GRANNY SMITH APPLES

43109	OG Apples Gr. Smith WXFP OG	40 lb 80/88 ct
43102	Apples Gr. Smith Import	12/3 lb Bag

OG Apples Gr. Smith Lil' Snapper 9/3 lb Pouch Bag 44662

## **ORGANIC SWEETANGO APPLES**

221503	OG Apples SweeTango WXFP	40 lb 80/88 ct
221788	OG Apples SweeTango 2.5"	12/2 lb

## **ORGANIC HONEYCRISP APPLES**

43098	OG Apples Honeycrisp WXF	40 lb 80/88 ct
43126	OG Apples Honeycrisp WXF	12/3 lb Bag

### **ORGANIC BARTLETT, BOSC, & RED PEARS**

43604 OG Pears Bartlett US #1 49232 OG Pears Bartlett Lil' Snapper 12/2 lb Pouch Bag 43224 OG Pears Bosc US #1 OG Pears Bosc Lil' Snapper 49241 221784 OG Pears Red OG Pears Red Lil' Snapper 49233

40 lb 80/90 ct 40 lb 80/90 ct 12/2 lb Pouch Bag 20 lb 45/50 ct 12/2 lb Pouch Bag





# IN SEASON NOW AT FOUR SEASONS!

### FREE RANGE W GRASS FED





CODE: 62750 CV BUF Creamery Ovoline Buffalo Mozzarella 8/7oz

At BUF, their attention to detail has allowed them to create the exquisite taste of their cheese. BUF is committed to crafting delicious, healthy and responsible cheeses all from the milk of free ranging & grass fed water buffalo.

It all starts with their buffalo. Surrounded by mountains, rivers, and lush grasses, their goal is to keep their buffalo in a natural, low stress environment to make the milking process as enjoyable as possible.



CODE: 62752 CV BUF Creamery Boconccini Buffalo Mozzarella 8/7 oz



### CODE: 62751 CV BUF Creamery Ciliegine Buffalo Mozzarella 8/7 oz



### Ovoline

"Ovoline" is an Italian word that translates to "egg sized." This is our largest sized offered. The cheese comes in large pieces allowing for easy slicing.

### Bocconcini

Bocconcini means "little bites." This cheese comes in smaller, egg-shaped pieces that can be easily skewered or served alone. Bocconcini works best when wrapped in prosciutto or paired with similar sized vegetables.

## Mozzarella di Bufala

The original fresh mozzarella BUF cheese, offered in three different sizes. American Cheese Society Winner.



FRFF



NON-GMO VERIFIED



VEGETARIAN RENNET



100% WATER BUFFALO MILK

### Ciliegine

Ciliegine is our smallest cheese. Meaning "cherry-sized" in Italian, this cheese comes in cherry tomato sized pieces. This size can be thrown atop a salad, served on a cheese plate, or eaten alone!





# **CONVENTIONAL MARKET NEWS**

OCTOBER 15 - OCTOBER 22, 2021

## **FRESH CROP BRANDED APPLE VARIETIES**









**SugarBee** and **Rockit Apples** are on the road and should be to our facility the week of 10/18. These are two more outstanding varieties with excellent flavor and crunch. As we kick off the season with the **SugarBee**, the sizing looks to be mostly 80/88s. **Rockit Apples** are a smaller sized variety, and these will be arriving as 12/2lb pouch bags. Get ready to promote these awesome apples from Chelan Fresh!

Jazz and Envy Apples have started for the season out of Washington. Our first arrival will be on 10/20, so your stores can kick off that weekend with these awesome branded varieties. Jazz will be in full boxes – 40 lb as 80/88 counts, and the Envy will be packed in euro 27 lb cases as a 50 ct. Quality, flavor, and texture will be excellent.

Out of New York, crispy-juicy-sweet **Snap Dragon Apples** are in season and available in 271b cases and 12/21b pouches. Super flavorful **SweeTango Apples** are also in season.

**Honeycrisp Apples** are in excellent supply from Washington and locally from Pennsylvania and New York. Sizing continues to be excellent with mostly 64s, 72s, and 80s, and the quality is outstanding. We'll continue to carry premium grade for all retail business, but we will have deals on Extra Fancy or US#1 grades as well.



### **CV CITRUS**

**Grapefruit** started out of Florida for the season, and our first arrival will be on 10/15. The overall outlook is solid for this upcoming season, and quality is looking excellent. The size profile is mostly 36's and 40's to start but will increase over the next couple weeks.

**Tangerines** are also up and running out of Florida. We will be carrying the "Early Pride" variety this season. This variety has significantly less seeds that the "Fall Glo" and has excellent flavor. We will have 80ct bulk as well as 12/3lb bags available for the season.

**Mandarins** from California are right around the corner! We will kick off the season during the second week of November. Get ready for some awesome domestic citrus.

**Navel Oranges** are still slated to begin the last week of October from California. Sizing is still expected to be on the smaller side as we kick off the season with mostly 72's and 88's, but larger 56's and 64's will follow a few weeks after the initial harvests.

**Lemons** are in steady supply from California, but the Mexican market is starting to gain strength, especially on smaller fruit. We will see the price gap close as we head into November, with pricing on 165s, 200s, and 235s increasing. Quality on all Lemons has been very nice.



### **CV BERRIES**

**Blueberries** are in excellent supply as we head into the week of 10/18. Supplies from Peru continue to increase, and now we're seeing more supplies arriving daily from Argentina. Fruit from all areas is looking great. Pricing is expected to slide each week as we head into November, and this is setting up to be the best month to promote Blueberries. We will have aggressive deals on all 12/1 pints for the entire month.

**NOTE:** Strawberries are in steady supply for mid-October from California. The industry will continue to fight <u>quality challenges</u> for the next couple weeks until we get into new crop in Florida and Mexico in November. Now is the time to keep inventory lighter and moving.

**Raspberries** and **Blackberries** are now being shipped from Mexico, and the quality is significantly better. Expect pricing on **Raspberries** to slide as we head into November as supplies are improving. **NOTE: Blackberries** are still in tight supply, and pricing is expected to remain steady.



### **CV CUCUMBERS**

**Super Select Cucumbers** continue to be promotable from East Coast shippers. Quality has been excellent, and supplies are strong with excellent weather conditions. There are still some pockets of local harvests coming in as well.

**NOTE: Euro Seedless Cucumbers** remain very tight for mid-October out of Canada. Mexico has not started production continuing to keep pressure on the light availability out of Canada. Quality has been very nice. Supplies should improve by early November.

ALERT! Mini Seedless Cucumbers will remain extremely tight for mid-October as well. Mexico and Canada both have very limited production coming in leaving supplies short and demand very strong. Quality has been nice.



### **CV PEARS**

Anjou, Bartlett, Starkrimson Red, and Bosc Pears are in steady supply from Washington and the quality is excellent. Look for pricing to slide over the upcoming weeks as supplies improve.

Keep in mind, although we carry mostly 90s throughout the season, we also have deals on smaller fruit, such as 135s. The quality is just the same on this mini version. 60sz **Pears** are also available by request.



### **CV SQUASH**

**Green Squash** will remain steady for mid-October. East Coast growers have excellent quality coming in, but some cloudy, rainy weather is leaving harvests light.

Yellow Squash prices are very promotable. Supplies are strong and quality has been excellent.



### **CV GRAPES**

**Black, Green,** and **Red Seedless Grapes** from California will be in excellent supply heading into November.

Now is the perfect time to promote the **Hobgoblin** line. These high-graphic pouches are perfect for Halloween, and the quality is amazing.

The Grapes packed in this line are the same in our premium lines – Midnight Beauty, Green Emerald, and Scarlet Royal.



### **CV ONIONS**

We have fully transitioned into Peruvian grown **Sweet Onions** for mid-October in both the 40lb jumbo cartons and 16/3lb full high-graphic bags. Expect this market to remain steady at least for the next few weeks.



### **CV BROCCOLI & CAULIFLOWER**

Local PA **Bin Stem Broccoli** is in season and looking really nice! Local PA **Jacket Cauliflower** now in season, but off to a slower start in volume.

**Broccoli Crowns** are ramping up in Georgia and North Carolina, plus there are some small local deals in PA and NY. This is helping to moderate the high prices coming from California at this time.

California **Cauliflower** demand is strong. Pricing holds on the higher end.



### **CV PUMPKINS & ORNAMENTALS**

**Pumpkins** and **Ornamentals** are expected to be available for mid-October. Farms are starting to finish harvests as demand this season has been very strong. Quality has been excellent. If demand this for mid-October is stronger than anticipated markets could be very tight and limited headed into Halloween.



### **CV LETTUCE**

**ALERT!** California **Iceberg Lettuce** is up in price due to low yields, and the Quebec season has come to an abrupt end.

**Leaf Lettuce** out of NJ has started to harvest and expects strong numbers out of the fields to kick off the season. Few growers from CA will transition to Huron at the end of October, and the rest will transition to Yuma, AZ in early to mid-November. CA is starting to see cooler temps.



### **CV POMEGRANATES**

**Pomegranates** from California are in full swing! Quality has been excellent. Four Seasons is offering both 36ct and 24ct 2-layer sizing!

**Pomegranate Arils** will also be offered by POM Wonderful and will start a bit earlier than the whole pomegranates! These will be available for the entire season in a 4oz and 8oz cup starting 10/21.



### **CV ASPARAGUS**

Asparagus prices are easing off for mid-October as Mexico begins to cross product easing the pressure off Peruvian importers.

Supplies are expected to be steady as Mexico gets into better volume. Peru will continue to have availability as well. Quality from both regions has been excellent.



### **CV PEPPERS**

**Green Peppers** remain steady for mid-October. Most production is coming from NC and GA. There are some pockets of local production still coming in with very light volume. Quality has been excellent from all regions.

111b Red, Orange, and Yellow Pepper prices jumped significantly for mid-October from Canada and Mexico. Demand jumped quickly and string of cloudy weather has left harvests very light. Orange and Yellow Pepper varieties are the tightest as Red variety stays steady. Quality has been nice.

**Mini Sweet Peppers** will be promotable for mid-October. Supplies out Mexico have been steady, and quality is excellent.



### **CV GREENHOUSE TOMATOES**

**Cluster Tomato** prices remain steady for mid-October out of Mexico. Canadian production is slowing down, and US production is very limited as new harvests are waiting to start. Quality has been excellent.

**Beefsteak Tomato** prices remain strong for mid-October. Supplies are steady, but demand remains strong on Vine Ripe Tomatoes. Quality has been excellent from Mexico and Canada.

**Campari Tomatoes** will return for mid-October in steady supply. Quality has been excellent from Mexico.



### **CV FIELD TOMATOES**

**NOTE: Grape Tomatoes** remain very strong for mid-October. Production overall is very limited from all regions and demand remains very strong. Florida is producing but volume is limited. Quality has been very nice.

NOTE: Roma Tomato prices remain very strong for mid-October out of Mexico. Production in the US is very limited as Florida is weeks away from beginning harvests. Quality has been very nice.

NOTE: Vine Ripe Tomato prices remain very high, and volumes are limited for mid-October. Florida is still a few weeks away, and Mexico has very limited production. California quality has been excellent, and demand remains strong.



### **CV GREEN BEANS**

**Green Beans** will be promotable for mid-October. Multiple states are harvesting great supplies and excellent quality. Florida is expected to start in late October.



### **CV CABBAGE**

**Green Cabbage** prices are promotable for mid-October as local states are harvesting excellent supplies and quality. Red and Savoy Cabbage varieties are available as well with good supplies and quality.

### **OTHER STORIES**

• Ataulfo Mangos from Ecuador will be available for mid-October in an 18ct offering.

• Green Beans will be promotable for mid-October. Multiple states are harvesting great supplies and excellent quality. Florida is expected to start in late October.

• **Pineapples** continue to be very promotable through October! During this time, we will also be offering the popular premium **HoneyGlow Pineapples** from Del Monte in 5 and 7ct sizing. The taste and quality of this fruit is outstanding.



### **CV PERSIMMONS**

**Fuyu Persimmons** have started and will be available for mid-October and should remain steady for the month of October.

Hachiya Persimmons will come into peak season for late-October.

• Hass Avocado prices saw stabilization for mid-October, as most pricing remained steady. Fruit is plentiful in the 48 and 60ct sizing, and pricing has been good. There continues to be little to no 40ct fruit and larger, causing large size fruit to be priced very high. Four Seasons will carry limited quantities of a premium 32ct fruit during this time.

• **Brussels Sprouts** are in better availability and the market is starting to get wobbly. Stalk Brussels Sprouts are ready for harvesting now and are packed to order.

• ALERT! Peeled Garlic has continued to be very tight. Container delays have caused very dramatic price increases.

• NOTE: Watermelon volumes remain very snug for mid-October. Very little availability from all regions is leaving prices very high. Mexico is crossing very limited volume and Florida's Fall harvest isn't expected to start until very late October. Quality coming in from New Mexico has looked very nice.

• **Mangos** will be steady from Brazil. Fruit from Puerto Rico will also be available for a few more weeks. We will offer 6, 10, and 12ct sizing.

### **CENTRAL PA PRODUCE CO-OP - TYRONE, PA**

- 41036 OG Squash Acorn Green 30 lb 41031 - OG Squash Butternut 35 lb 41053 - OG Squash Honeynut 40 lb
- 41220 OG Squash Pie Pumpkin 35 lb

### **CLARION RIVER - SLIGO, PA**

441031 - OG Squash Butternut 35 lb

### KING FAMILY FARMS - LANCASTER, PA

41535 - OG Onions Sweet JBO PA 40 lb 41536 - OG Onions Sweet MD PA 40 lb 42305 - OG Tomatoes Roma 20 lb 41357 - OG Tomatoes Vine Ripe Round 20 lb

### **DEEP ROOT ORGANIC CO-OP - JOHNSON, VT**

40487 - OG Beets Chiogga 25 lb 40491 - OG Burdock Root 10 lb 40518 - OG Cabbage Savoy 35 lb 41084 - OG Celeriac (Celery Root) 12 ct w/tops 40211 - OG Fennel (Anise) 12 ct 40583 - OG Parsnips 25 lb 40868 - OG Radishes Watermelon 10 lb 40616 - OG Rutabagas 25 lb

## ORGANIC

LOCAL LIST

EAGLE SHADOW FARMS - MILLVILLE,PA 41531 - OG Onions Red JBO 40 lb

### FLAIM FARMS - VINELAND, NJ

40309 - OG Arugula 12 ct 40488 - OG Beets Red Bunched 12 ct 40513 - OG Bok Choy Baby PREM 20 lb 40510 - OG Bok Choy PREM 35 lb 40684 - OG Chard Green 12 ct 40685 - OG Chard Red 12 ct 40671 - OG Greens Collard 12 ct 40672 - OG Greens Kale 12 ct 40647 - OG Herb Cilantro 15 ct 40210 - OG Herb Dill 24 ct 40209 - OG Herb Dill 2 ct 219525 - OG Herb Mint 12 ct 40912 - OG Leeks Bulk PREM 20 lb 40180 - OG Radishes Red 12 ct Bunch

### LANCASTER FARM FRESH COOP - LANCASTER, PA

40548 - OG Cabbage Green 45 lb 40515 - OG Cabbage Napa 35 lb 40565 - OG Cauliflower Naked 12 ct

#### 40675 - OG Greens Kale 24 ct 41180 - OG Lettuce Romaine 24 ct 40623 - OG Sunchokes White 10 lb 40618 - OG Turnips 25 lb

PEDERSEN FARMS - SENECA CASTLE, NY 40548 - OG Cabbage Green PREM 45 lb 40454 - OG Cabbage Red PREM 45 lb 40675 - OG Greens Kale 24 ct



### **CONVENTIONAL** \*\*PUMPKINS & ORNAMENTALS ARE AVAILABLE FROM PA GROWERS! TALK TO YOUR REP FOR INFO.

#### CHRIST KING - LANCASTER, PA

228499 - CV Tomatoes Vine Ripe XL/JBO 25 lb

### FLAIM FARMS - VINELAND, NJ

- 205 CV Arugula 24 ct
- 550 CV Beets Red Bunched 12 ct
- 591 CV Bok Choy 30 lb
- 592 CV Bok Choy Baby Shanghai 30 lb
- 750 CV Cabbage Green 50 lb
- 855 CV Carrots Bunched 24 ct
- 1362 CV Chard Green 12 ct
- 1355 CV Chard Rainbow 12 ct
- 1368 CV Chard Red 12 ct
- 1170 CV Dandelion Bunch 12 ct
- 1260 CV Eggplant PREM 24 lb 1275 - CV Eggplant Graffiti NJ 12 lb
- 1262 CV Eggplant Italian 11 lb
- 1308 CV Greens Collard NJ 18 lb
- 1315 CV Greens Kale NJ 18 lb
- 1475 CV Leeks NJ 12 ct
- 1200 CV Herb Dill 24 ct
- 1510 CV Herb Mint 12 ct Box
- 1965 CV Peppers Jalapeno 10 lb
- 1980 CV Peppers Long Hot 16 lb
- 3130 CV Radishes Red Bunched 24 ct
- 2350 CV Squash Acorn 35 lb
- 2365 CV Squash Kabocha 35 lb
- 2390 CV Squash Spaghetti 35 lb

### FOWLER FARMS - WOLCOTT, NY

5053 - CV Apples SweeTango 40 lb 72/88 ct

### HESS BROTHERS FRUIT - LANCASTER, PA

5030 - CV Apples Gala 2.5" East 12/3 lb bag 5475 - CV Apples Gala East 40 lb 72/88 ct 5168 - CV Apples Gala East 38 lb 8 ct tote bags 5294 - CV Apples Ginger Gold East 40 lb 72/88 ct 5175 - CV Apples Ginger Gold 38 lb 8 ct tote bags 5017 - CV Apples Ginger Gold 2.5" 12/3 lb bag 5476 - CV Apples Honeycrisp East 40 lb 72/88 ct 5680 - CV Apples McIntosh East 40 lb 100 ct

- 5167 CV Apples McIntosh East 38 lb 8 ct Tote Bag 5040 - CV Apples McIntosh East 12/3 lb Bag 5000 - CV Apples Red Del. 2.5" East 12/3 lb Bag 5205 - CV Apples Red Del. East 40 lb 72/88 ct
- 5166 CV Apples Red Del. East 38 lb 8 ct Tote Bag

#### **HUDSON RIVER FRUIT - MILTON, NY**

- 5582 CV Apples Cortland East 40 lb 72/88 ct 5060 - CV Apples Empire 2.5" East 12/3 lb Bag 5432 - CV Apples Empire East 40 lb 72/88 ct 5491 - CV Apples Fuji East 40 lb 72/88 ct 5030 - CV Apples Gala 2.5" East 12/3 lb bag 5475 - CV Apples Gala East 40lb 72/88ct 5168 - CV Apples Gala East 38 lb 8 ct tote bags 5466 - CV Apples Honeycrisp East 40 lb 64 ct 5476 - CV Apples Honeycrisp East 40 lb 72/88 ct 5080 - CV Apples Macoun 12/3 lb Bag 5250 - CV Apples Macoun East 40 lb 72/88 ct 5680 - CV Apples Macoun East 40 lb 72/88 ct 5680 - CV Apples Macoun East 40 lb 72/88 ct 5680 - CV Apples Macoun East 40 lb 100 ct 5167 - CV Apples McIntosh East 38 lb 8 ct Tote Bag 5040 - CV Apples McIntosh East 12/3 lb Bag
- 5000 CV Apples Red Del. 2.5" East 12/3 lb Bag
- 5205 CV Apples Red Del. East 40 lb 72/88 ct
- 5166 CV Apples Red Del. East 38 lb 8 ct Tote Bag

#### **HUDSON RIVER FRUIT - MILTON, NY**

5582 - CV Apples Cortland East 40 lb 72/88 5060 - CV Apples Empire 2.5" East 12/3 lb 5432 - CV Apples Empire East 40 lb 72/88 5491 - CV Apples Fuji East 40 lb 72/88 5168 - CV Apples Gala East 38 lb 8 ct tote bags 5476 - CV Apples Honeycrisp East 40 lb 72/88 ct 5466 - CV Apples Honeycrisp East 40 lb 64 ct 5080 - CV Apples Macoun East 12/3 lb 5250 - CV Apples Macoun East 40 lb 72/88 5680 - CV Apples Macoun East 40 lb 72/88 5680 - CV Apples Macoun East 40 lb 72/88 5680 - CV Apples Macoun East 40 lb 100 ct 5000 - CV Apples Red Del. 2.5" East 12/3 lb Bag

### JOSH WEAVER - LANCASTER, PA

750 - CV Cabbage Green 50 lb 780 - CV Cabbage Red 50 lb

#### NARDELLI LAKE VIEW FARMS - CEDARVILLE, NJ

- 480 CV Beans Green 25 lb
- 591 CV Bok Choy 30 lb
- 592 CV Bok Choy Baby Shanghai 30 lb
- 750 CV Cabbage Green 50 lb
- 1308 CV Greens Collard NJ 18 lb
- 1315 CV Greens Kale NJ 18 lb
- 1345 CV Greens Mustard 12 ct
- 1350 CV Greens Turnip 18 lb

### STAUFFER HULING FARMS - LANCASTER, PA

- 631- CV Broccoli with Stem PA 110 ct Bin 618 - CV Broccoli Crowns PA 20 lb
- 750 CV Cabbage Green 50 lb
- 780 CV Cabbage Red 50 lb
- 999 CV Cauliflower Jacket PA 60 ct Bin
- 954 CV Cauliflower Bikini PA 9 ct
- 958 CV Cauliflower Purple Bikini 9 ct
- 989 CV Cauliflower Orange PA 9 ct
- 4106 CV Onions Sweet JBO PA 40 lb PA Simply Sweet
- 4628 CV Onions Sweet PA 14/3 lb PA Simply Sweet
- 2350 CV Squash Acorn 35 lb
- 2372 CV Squash Butternut 35 lb
- 2390 CV Squash Spaghetti 35 lb

