# FRESH FROM FOUR SEASONS



OCTOBER 2019

# Did you catch us at Expo East?

















# Valde France ORGANIC SPARKLING JUICE

USDA

#### NO ALCOHOL, NO GLUTEN, PLENTY OF FLAVOR

THIS SPARKLING JUICE IS USDA ORGANIC CERTIFIED

ITS' BOTTLE IS SPECIALLY DESIGNED TO GUARD FRESHNESS AND CARBONATION

IT CONTAINS LESS SUGAR THAN ANY COMPETITOR'S PRODUCTS (19 G VS 35 G ON AVERAGE)

REALLY TASTES LIKE FRUIT! DELICIOUS PAIRED WITH SANDWICHES, SALADS OR PASTRIES

IT DELIGHTS CONSUMERS WHO DON'T DRINK ALCOHOL

THIS SPARKLING JUICE CAN BE ENJOYED YEAR-ROUND



CODE	DESCRIPTION	SIZE	UPC
44920	ORG Sparkling Apple Glass	12/25 oz	851231000907
44921	ORG Sparkling Apple/Pear Glass	12/25 oz	851231000969
44922	ORG Sparkling Apple/Peach Glass	12/25 oz	851231000129
44923	ORG Sparkling Apple/Raspberry Glass	12/25 oz	851231000914
44924	ORG Sparkling Apple/Pomegranate Glass	12/25 oz	851231000112









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**FOLLOW US:** 







### THE SAME MILK WITH A NEW PROCESS

### (HTST) PASTEURIZATION TO ULTRA PASTEURIZATION

Four Seasons Fresh is now offering Organic Ultra Pasteurized Grassmilk from Organic Valley. This grassmilk has a longer shelf life and will be available in September of this year. This will also bring an end to our stocking of Organic Valley's HTST pasteurized milk. For more information contact your sales rep or merchandiser.



OG MILK WHOLE GRASS ULTRA PASTEURIZED

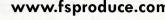
CODE: 221351

CODE **DESCRIPTION** SIZE UPC OG Milk Whole Grass Ultra Pasteurized 6/64 oz 093966005851 221351

### **CONTACT YOUR SALES REP TODAY**













# **ORGANIC APPLE CIDER**



CODE: 46090 Size: 6/64 oz



PHONE: 1.800.422.8384 FAX: 1.717.721.2597 www.fsproduce.com

**f** 

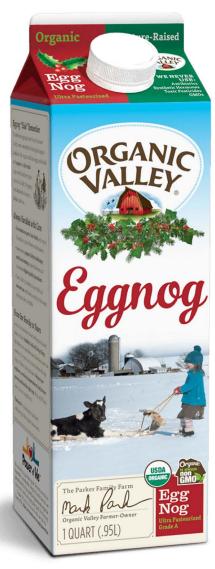




# NEW EGG NOG

#### IT'S THE MOST WONDERFUL DRINK OF THE YEAR!

We use organic milk, cream and eggs along with fair-trade vanilla and nutmeg to give our Eggnog a sweet-but-not-too-sweet flavor. With Organic Valley Eggnog, you'll rediscover how the holidays are supposed to taste.





CODE DESCRIPTION SIZE UPC

45804 OG Egg Nog (Organic Valley)

12/32 oz

093966000139

**AVAILABLE FOR DELIVERY NOW!** 

**CONTACT YOUR SALES REP TODAY!** 





PHONE: 1.800.422.8384 FAX: 1.717.721.2597

www.fsproduce.com









# SEASONAL PUMPKIN BISQUE

#### FILL YOUR HOLIDAY SHELVES WITH DELICIOUS SOUP

Ingredients: Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Pumpkin, Light Cream (milk, cream), Onions, Sweet Potatoes, Brown Sugar, Butter (cream, salt), Sea Salt, Paprika (for color), Spices, Pepper Sauce (distilled vinegar, red pepper, salt).













CODE	DESCRIPTION	SIZE	UPC
		· ·	

29862 Spiced Pumpkin Bisque Soup 2/8 lb

00667978014318









# ORIGIN NEW ORIGIN A2 MILK

#### WHAT MAKES ORIGIN SO UNIQUE?

A2 milk harkens back to the way milk used to be natural & human intervention caused cows to develop A1 proteins in their milk. All other mammals produce A2 milk, including humans, which means A2 milk could offer a closer experience to drinking the milk that humans are "supposed" to have. The difference between the milk protein in A1 and A2 milk is only one amino acid – but this little difference potentially impacts how our bodies digest the milk. With its natural golden color and amazing nutritional benefits, A2 milk is the way milk should look, taste and be enjoyed – as nature originally intended.





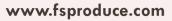
CODE	DESCRIPTION	SIZE	UPC
214677	ORIGIN A2 GUERNSEY WHOLE MILK	6/64 OZ	8-59138-00521-6
214678	ORIGIN A2 GUERNSEY 2% MILK	6/64 OZ	8-59138-00522-3
214679	ORIGIN A2 GUERNSEY CHOCOLATE MILK	6/64 OZ	8-59138-00523-0
214689	ORIGIN A2 GUERNSEY HEAVY CREAM	6/16 OZ	8-59138-00540-7
214691	ORIGIN A2 GUERNSEY WHOLE MILK	12/12 OZ	8-59138-00552-0
214693	ORIGIN A2 GUERNSEY CHOCOLATE MILK	12/12 OZ	8-59138-00553-7
219007	ORIGIN A2 GUERNSEY BUTTER ROLL	12/8 OZ	8-59138-00534-6











**FOLLOW US:** 







### **NEW SMALLER CASE SIZE**

SINCE GEORGE WEAVER STARTED THEIR COMPANY IN 1962, THEY HAVE BEEN PROVIDING FARM TO TABLE EGGS FROM LOCAL FAMILY RUN FARMS IN AND AROUND LANCASTER COUNTY. GEORGE |R. AND GEORGE | CONTINUED TO KEEP UP WITH THE TIMES BY MOVING FIRST TO CAGE FREE, THEN ORGANIC, CERTIFIED HUMANE, PASTURE RAISED AND EVEN SOY FREE. NOW A COMPLETELY FREE RANGE PROVIDER THEY PLACE THEIR EGGS IN LARGE STORES AND SMALL MOM AND POP SHOPS ACROSS THE EAST COAST. EVEN GEORGE IV IS ON BOARD NOW!



DESCRIPTION	OLD SIZE	NEW SIZE	OLD CODE	NEWCODE
CV Eggs Soy Free LG	15/1 dz	6/1 dz	65943	220074

### **CONTACT YOUR SALES REP TODAY!**









# NEW FROM BILINSKI'S



Code: 219564

OG Sausage Sage Breakfast 12/12 oz Bilinski's UPC: 0-71728-04930-5



Code: 219565

OG Sausage Apple Breakfast 12/12 oz Bilinski's UPC: 0-71728-04931-2

- Made With Free Range, Antibiotic-Free Chicken & GMO-Free Ingredients
- Certified GAP STEP 3

- NON GMO Project Verified
- NO Preservatives
- NO Pork Casing Casing Free!
- Gluten & Wheat Free
- Fully Cooked
- Paleo, Whole30 & KETO Friendly







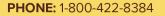
















# NEW BRANDING!



#### **PURITY OF PRODUCT**

Garrett Valley is back with a new look! The bacon line is changing it's packaging from 16/8 oz to 12/8 oz. This means we will have new codes and pricing for their bacon line. However, the UPCs will remain the same!



CODE	CODE	DESCRIPTION	SIZE
61136	219048	CV BACON CLASSIC DRY RUB	12/8 oz
61135	219049	CV BACON TURKEY PALEO NAT SF	12/8 oz
61137	219052	CV BACON PALEO NATURAL SF	12/8 oz
45778	219051	OG BACON CLASSIC DRY RUB	12/8 oz
45776	219050	OG BACON TURKEY	12/8 oz

CONTACT YOUR SALES REP TO SEE HOW YOU CAN GET THIS NEW PRODUCT IN YOUR STORE WITH YOUR NEXT ORDER!





FAX: 1.717.721.2597 PHONE: 1.800.422.8384







# ORGANIC APPLE CIDER

#### FRESH PRESSED CIDER

IN BUFFALO, NY MAYER BROS PRESS THEIR DELICIOUS APPLE CIDER. IT IS 100% ORGANIC WHILE ALSO NOT CONTAINING ANY GMOS AND PRESERVATIVES. BE SURE TO FIND OUT MORE INFO WITH YOUR SALES REP AND ADD CIDER TO YOUR NEXT ORDER!



Code: 46007

**Size: 9/59 OZ** 







#### **AVAILABLE FOR DELIVERY NOW!**

**CONTACT YOUR SALES REP TODAY!** 



PHONE: 1.800.422.8384 FAX: 1.717.721.2597

www.fsproduce.com

**FOLLOW US:** 











#### **DRIED SALAMI**

 219697
 CV Salami Fennel
 16/4 oz Vermont Salumi
 780742209540

 219701
 CV Salami Pimenton
 16/4 oz Vermont Salumi
 780742209502

 219702
 CV Salami Red Wine & Garlic
 16/4 oz Vermont Salumi
 780742209519

#### **FRESH SAUSAGE**

219697	CV Sausage Breakfast Maple	8/14 oz Vermont Salumi	780742209540
219688	CV Sausage Chorizo	8/14 oz Vermont Salumi	780742209397
219699	CV Sausage Italian	8/14 oz Vermont Salumi	780742209410
219698	CV Sausage Red Wine & Garlic	8/14 oz Vermont Salumi	780742209403
219689	CV Sausage Rosemary & Red	8/14 oz Vermont Salumi	780742209421

#### ABOUT VERMONT SALUMI

Vermont Salumi is an artisan producer of all-natural meat products rooted in Italian tradition and the classic salumificio. They prioritize clarity of flavor based on simple ingredients and time-honored craftsmanship.

Mission: Vermont Salumi's mission is to produce great food with classic flavors at a reasonable price. They believe simple ingredients and careful craftsmanship is what makes food great. They always start with antibiotic-free pork because it is healthier for you and it is the right thing to do. They make products that start good conversations, reward you at the end of a hard day, and fuel your active family. As their number one ingredient, it is important to get the right pork - they only work with farmers who raise pigs that are antibiotic-free and fed a 100% vegetarian diet.

**The Story:** Peter Roscini Colman grew up on an organic farm in Vermont and spent summers in Umbria with his babbo's family. There, he used to "warm up" for lunch at his grandparents' house by pounding prosciutto. A lot of prosciutto. He loved it so much he decided he wanted to learn to make it himself. Soon, he was apprenticing with the norcini, the famed butchers of Umbria, who taught him the methods, techniques, and centuries-old traditions of salumi-making.





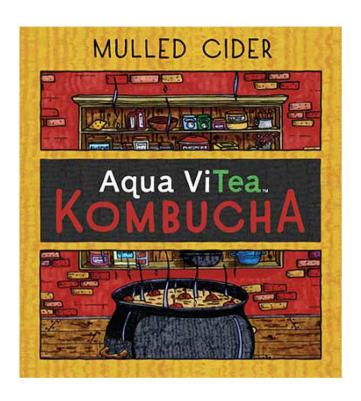




### **NEW SEASONAL KEG**

Find this seasonal favorite on tap September through December. As summer turns to autumn, we can feel an edge to the air, see a change in the trees, and sense the excitement of finding a fall flavor favorite at the fountain.







CODE DESCRIPTION SIZE UPC

213827 Kombucha Mulled Cider Keg Seasonal 5.34 Gal 853624007159

### **CONTACT YOUR SALES REP TODAY!**









# OCTOBER SPECIALS



\*\* THE FOLLOWING PROMOTIONAL PRICING IS ONLY AVAILABLE DURING THE DATES SPECIFIED\*\*

# GARRETT VALLEY



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	DES	CRIPTION	PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GPº/o
68030	CV	NATURAL CHORIZO SAUSAGE	16	12 oz	616973760300	\$65.73	\$9.00	\$56.73	\$3.55	\$4.99	29%
68310	CV	NATURAL ANDOUILLE SAUSAGE	16	12 oz	616973783101	\$70.09	\$9.00	\$61.00	\$3.82	\$5.45	30%
219810	CV	NATURAL PEPPER TURKEY BACON	12	8 oz	616973711746	\$40.00	\$6.00	\$34.00	\$2.83	\$3.99	29%
219811	CV	NATURAL TURKEY BACON CLASSIC	12	8 oz	616973711739	\$40.00	\$6.00	\$34.00	\$2.83	\$3.99	29%
61156	CV	NATURAL THICK CUT RUBBED BACON BULK	4	3 lb	N/A	\$83.48	\$7.00	\$76.48	\$19.12	\$26.99	29%

# HONEY MAMA'S



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	DES	CRIPTION	PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GP%
26354	CV	PALEO BAR COCONUT	12	2.5 oz	854835004067	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26357	CV	PALEO BAR DUTCH	12	2.5 oz	854835004005	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26363	CV	PALEO BAR GINGER CARDMOM	12	2.5 oz	854835004135	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26358	CV	PALEO BAR MAYAN SPICE	12	2.5 oz	85435004012	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26353	CV	PALEO BAR NIBS & COFFEE	12	2.5 oz	854835004111	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26359	CV	PALEO BAR OREGON PEPPERMINT	12	2.5 oz	854835004029	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26349	CV	PALEO BAR PEUVIAN	12	2.5 oz	854835004036	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%
26362	CV	PALEO BAR LAVENDER ROSE	12	2.5 oz	854835004074	\$44.76	\$5.40	\$39.36	\$3.28	\$4.69	30%

# BILINSKI'S



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	DES	CRIPTION			PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GP <sup>1</sup> / <sub>0</sub>
44950	OG	KALE & BEAN	CHICKEN SA	AUSAGE	8	12 oz	071728049251	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44949	OG	CILANTRO LIM	E CHICKEN	SAUSAGE	8	12 oz	717280492448	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
214217	OG	GREEN CHILIE	CHICKEN SA	AUSAGE	8	12 oz	71728049152	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44927	OG	HOT ITALIAN (	CHICKEN SA	USAGE	8	12 oz	071728049213	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44928	OG	MILD ITALIAN	CHICKEN SA	AUSAGE	8	12 oz	071728071153	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44951	OG	CAJUN ANDO	UILLE CHICK	(EN SAUSAGE	8	12 oz	071728049169	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44929	OG	SPRING GREEN	N & SPINACH	H CHICKEN SAUSAGI	8	12 oz	071728071009	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44930	OG	APPLE & HONE	Y CHICKEN	SAUSAGE	8	12 oz	071728071108	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%
44931	OG	WILD MUSHRO	DOM CHICK	(EN SAUSAGE	8	12 oz	717280712072	\$40.79	\$2.40	\$38.39	\$4.80	\$6.99	31%

# REMEDY ORGANICS



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE DESCRIPTION	PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GPº/o
215503 OG BLUE OXIDANT ALMOND MILK	6	12 oz	859539007062	\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%
45951 OG CACAO ESSENTIAL ALMOND MILK	6	12 oz	859539007017	\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%
219248 OG GOLDEN MIND ALMOND MILK	6	12 oz	859839007055	\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%
220442 OG PITAYA POWER ALMOND MILK	6	12 oz		\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%
45950 OG SUPERSEED FUEL ALMOND MILK	6	12 oz	859539007000	\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%
45952 OG VANILLA ALMOND MILK	6	12 oz	859539007024	\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%
45954 OG MATCHA OXIDANT ALMOND MILK	6	12 oz	859539007048	\$23.21	\$3.00	\$20.31	\$3.39	\$5.19	35%





# SALCI

# OCTOBER SPECIALS



# HOPE HUMMUS



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CUDE	DF2	CRIPTION	PK	<b>SZ</b>	UPU	COSI	SAVE	SPECIAL	UNII	SKP	GP 1/0
219373	OG	SPICY AVOCADO HUMMUS	8	8 oz	856500004013	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219374	OG	ORIGINAL HUMMUS	8	8 oz	856500004006	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219375	OG	THAI COCONUT HUMMUS	8	8 oz	856500004037	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219376	OG	JALEPENO CILANTRO HUMMUS	8	8 oz	856500004044	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219377	OG	KALE PESTO HUMMUS	8	8 oz	856500004266	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219378	OG	RED PEPPER HUMMUS	8	8 oz	856500004525	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219379	OG	BLACK GARLIC HUMMUS	8	8 oz	856043007085	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219380	OG	BUFFALO BLEU HUMMUS	8	8 oz	850643007177	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219381	OG	JALEPENO RED HUMMUS	8	8 oz	850643007160	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%
219382	OG	SEA SALT & OLIVE OIL HUMMUS	8	8 oz	850643007078	\$23.76	\$2.30	\$21.46	\$2.68	\$3.99	33%

# **NATURES YOKE**



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	CODE DESCRIPTION			SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GP <sup>1</sup> /0
220074	CV	EGGS BROWN XL FREE RANGE PULP EGGS SOY FREE LG FREE RANGE PULP EGGS BROWN LG FREE RANGE PLASTIC	6	1 DZ	795222133536 795222244621 095222144328	\$ 24.12	\$2.00	\$22.12	\$3.69		40% 33% 45%

### ORGANIC VALLEY



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	DESCRIPTION	PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GPº/o
45519	OG RAW MILK CHEDDAR CHEESE BLOCK	12	8 oz	0939666113105	\$52.70	\$6.37	\$46.33	\$3.86	\$5.69	32%
45521	OG RAW SHARP CHEDDAR CHEESE BLOCK	12	8 oz	093966113204	\$51.44	\$6.77	\$44.67	\$3.72	\$5.29	30%
45515	OG SHREDDED PARMESAN CHEESE	12	4 oz	093966002287	\$41.31	\$5.40	\$35.91	\$2.99	\$4.29	30%
64007	OG MILK LACTOSE FREE 1%	6	64 oz	093966000351	\$27.27	\$3.57	\$23.70	\$3.95	\$5.65	30%
64114	OG MILK LACTOSE FREE SKIM MILK	6	64 oz	093966002201	\$27.27	\$3.57	\$23.70	\$3.95	\$5.65	30%
64133	OG LACTOSE FREE SKIM MILK	6	64 oz	093966002218	\$27.27	\$3.57	\$23.70	\$3.95	\$5.65	30%
64313	OG LACTOSE FREE WHOLE	6	64 oz	093966005134	\$27.27	\$3.57	\$23.70	\$3.95	\$5.65	30%

# HAWTHORNE VALLEY 💕



#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	DESCRIPTION	PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GPº/o
48139	OG SAUERKRAUT CARAWAY	6	15 oz	036638500025	\$27.04	\$4.00	\$23.04	\$3.84	\$5.15	25%
481 <i>7</i> 1	OG GINGER CARROTS	6	15 oz	036638500056	\$34.24	\$5.15	\$29.09	\$4.85	\$6.45	25%
48170	OG FEUERKRAUT JALAPENO	6	15 oz	036638500032	\$31.30	\$4.75	\$26.55	\$4.43	\$5.89	25%
48172	OG KIM CHEE	6	15 oz	036638500131	\$37.62	\$5.65	\$31.97	\$5.33	\$ <b>7.</b> 15	25%
48174	OG SAUERKRAUT PLAIN	6	15 oz	036638500018	\$27.04	\$4.00	\$23.04	\$3.84	\$5.15	25%
48143	OG SAUERKRAUT RUBY	6	15 oz	036638500049	\$31.30	\$4.75	\$26.55	\$4.43	\$5.89	25%
48144	OG FEUERKRAUT TURMERIC	6	15 oz	036638500148	\$31.30	\$4.75	\$26.55	\$4.43	\$5.89	25%







# OCTOBER SPECIALS



GP0/n

GP%

# MAPLE HILL

CODE DESCRIPTION



#### \*\*PRICING AVAILABLE 9/30-10/27\*\* SPECIAL UNIT

				• • •			0. 20.nz	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	•
45829 (	OG YOGURT PLAIN	6	32 oz	855088005061	\$27.28	\$4.00	\$23.28	\$3.88	\$5.55	30%
		6	32 oz	855088005078	\$27.28	\$4.00	\$23.28	\$3.88	\$5.55	30%
45842 (	OG YOGURT GREEK PLAIN	6	16 oz	855088005238	\$25.42	\$3.80	\$21.62	\$3.60	\$5.15	30%

UPC

PK SZ

# **APPLEGATE**

CODE DESCRIPTION



#### \*\*PRICING AVAILABLE 9/30-10/27\*\* SPECIAL UNIT

44978	OG	NO SUGAR BACON	12	8 oz	025317100083	\$73.00	\$6.00	\$67.00	\$5.58	\$7.99	30%
44952	OG	SUNDAY BACON	12	8 oz	025317102001	\$73.00	\$6.00	\$67.00	\$5.58	\$7.99	30%
44953	OG	TURKEY BACON	12	8 oz	025317122009	\$59.77	\$6.00	<b>\$53.77</b>	\$4.98	\$6.99	29%

UPC

# SEVEN STARS FARM



PK SZ

#### \*\*PRICING AVAILABLE 9/30-10/27\*\*

CODE	DESCRIPTION	PK	SZ	UPC	COST	SAVE	SPECIAL	UNIT	SRP	GPº/o
44678 44679 44675 44676 44677	OG MAPLE LOWFAT YOGURT OG PLAIN YOGURT OG PLAIN LOW FAT YOGURT	6 6	32 oz 32 oz 32 oz	054319000039 054319000060 054319000015 054319000046 054319000022	\$23.05 \$23.05 \$18.29 \$18.29 \$23.05	\$2.00 \$2.00 \$2.00	\$21.05 \$21.05 \$16.29 \$16.29 \$21.05	\$3.51 \$3.51 \$2.72 \$2.72 \$3.51	\$4.99 \$4.99 \$3.89 \$3.89 \$4.99	30% 30% 30% 30% 30%
						1	! -		1	





